

# Prioritising change for a healthier Tasmania

**Leading Tasmanian health organisations are calling on the incoming Tasmanian government to prioritise investment in preventive health.**

As committed advocates, we can't ignore the clear and increasing evidence that without systems change, Tasmanians will continue to become sicker, not healthier.

We need a health system that prioritises wellness over illness. One that not only encourages us but enables us to take a proactive approach to our own health and wellbeing.

A system that measures success not by the number of people we treat in our hospitals, but by the number of people we support to stay out of them.

A system that gives all Tasmanians the greatest opportunity to live our best lives, and be healthy, active, and engaged members of our many incredible communities right across the state.

This is not the system we have...yet.

Our vision extends to ensuring all Tasmanians can make informed choices and have access to healthy options, fostering a culture of health and wellbeing throughout the state. To see a Tasmania where our people can expect to experience better health and wellbeing outcomes because our government, communities, and people, understand the inherent value in helping people stay well, through preventive action.

Our experience tells us that prevention is the only way Tasmanians will live the life they expect and deserve. Now is the time to embed a preventive approach in how we define a healthy Tasmania and provide the necessary systems and funding to facilitate this change.

**We call on an incoming Government and Parliament to demonstrate their commitment to the health and wellbeing of all Tasmanians and align with our vision by:**

- Substantially increasing state government investment in preventive health initiatives.
- Harnessing the potential of collaborative public, private and community partnerships to drive systemic change.
- Exploring innovative models for managing health and wellbeing in Tasmania and make informed decisions drawn from existing models that are already working.

**We are calling on the incoming Government and Parliament to prioritise:**

- Reaffirming and signing the Tasmania Statement "Working Together for the health and wellbeing of Tasmanians".
- Identifying and promoting best practice and innovation by investing in an inaugural preventive health forum.
- Establishing a dedicated preventive health budget with defined targets.



**Together, let's prioritise prevention and pave the way for a healthier and stronger Tasmania.**